



Brinscall St John's CE and Methodist Primary School

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Headteacher: Mrs Joanna Owen



Wednesday 2nd October

Dear Parent/Carer,

This year we are taking part in World Mental Health Day on Thursday 10th October. We will be encouraging the children to wear something yellow to show their support for young people's mental health.

Mental Health Awareness day is a fantastic opportunity to raise awareness of mental health issues and start important conversations with pupils, staff and parents. However, it's important to make mental health a priority every day, not just on one day of the year. This will help to create a positive school environment that supports the mental health and wellbeing of everyone in the community.

I do hope that you can support us on Thursday 10th October by wearing something yellow. We want to emphasise that there is no need to purchase anything new for this occasion! Instead, we encourage you to be creative with what you already have at home. On this day, students may choose to come in their school uniform accented with a hint of yellow—be it a yellow tie, socks, or hair accessory. Alternatively, students are welcome to wear no uniform and come dressed entirely in yellow if that is preferable. It is entirely up to you and your child to decide what works best for your circumstances.

If you have any questions then please do not hesitate to contact us.

Kindest regards,

Mrs J Owen

Headteacher