## SPIRITUALITY IN...

Challenge

Excellence

Trust

Honesty



Creativity

Co-operation

Teamwork

**PHYSICAL EDUCATION** 

Fair play

Self-awareness

Self-control

Definition of spirituality at Brinscall St. John's

"A sense of connection to something bigger than ourselves, and it typically involves a search for meaning in life. As such, it is a universal human experience—something that touches us all."