

PARENTS TO BE

Children and Family
Wellbeing
Service

Our **FREE** course is delivered over 2 consecutive weeks, 2 hours a session and is available to all expectant parents who have had their 20 week scan and live in the Chorley area. We look at providing practical support and information:

- Safer Sleep
- ICON - Coping with crying
- Home safety
- Baby communication
- Early play
- Care of new-borns

Two consecutive weeks from
6pm –8pm

Duke St Family Hub
Chorley

Call 01257 516316 / 516466 or visit the
reception desk to book your place



Lancashire
County
Council

